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| --- | --- | --- | --- | --- | --- | --- |
| Damage Level | Near | Far | Leader | Hybrid | Low Level Discrete | High Level Discrete |
| 1. Light | No feeling | No feeling | No feeling | No feeling | No feeling | No feeling |
| 2. Unnoticeable evaporation | No feeling | Little feeling | Little feeling | No feeling | No feeling | No feeling |
| 3. Noticeable steam | Little feeling | Small burning | Small burning | Little Feeling | Little Feeling | Little Feeling |
| 4 Extremely light simmer | Small Burning | Small Burning | Small Burning | Small burning | Small Burning | Small Burning |
| 5 Simmer | Burning | Burning | Burning | Small Burning | Small Burning | Small Burning |
| 6 Boil | Intense Burning | Intense Burning | Intense Burning | Burning | Burning | Burning |
| 7 Boil, half gone | Intense Burning | Death | Death | Intense Burning | Intense Burning | Burning |
| 8 Boil, most gone | Death | Death | Death | Death | Death | Intense Burning |
| 9 Instantly gone | Death | Death | Death | Death | Death | Intense Burning |
| 10. Instantly gone | Death | Death | Death | Death | Death | Death |

The effects vary from person to person, but these are the general effects of sync energy.